



Age Categories & Rules

Amateur Muay Boran, Pro-am Muay Thai , Pro Muay Thai, Amateur Boxing

All Passports will be reviewed at registration

Age Category (Years)	Sport division	Requirements/Rules	Round rules
Junior Cadet: 8-10	Amateur Muay Thai Boran	Full Protection, No Head Contact	3 Rounds X 1.5 min 1.5 min rest
Cadet: 11-13	Amateur Muay Thai Boran	Full Protection, No Head Contact	3 Rounds X 1.5 min 1.5 min rest
Junior Youth: 14-16	Amateur Muay Thai Boran	Full Protection, No Elbow & Knee strikes to the head.	3 Rounds X 2 min 1.5min rest
Youth: 17-18	Amateur Muay Thai Boran	Full Protection	3 Rounds X 2 min 1.5 min rest
Senior: 19-37	Amateur Muay Thai Boran	Full Protection	3 Rounds X 2 min 1 min rest
Senior: 19+	Pro-am Muay Thai	Shin guards, elbow pads	3 Rounds X 3 min 2 mins break
Senior: 19+	Professional Muay Thai		3 Rounds X 3 min 2 mins break
Junior Youth: 15-16	Amateur Boxing	Head guard	3 Rounds X 2 min 1 min break
Youth: 17-18	Amateur Boxing	Head guard	3 Rounds X 2 min 1 min break
Adult: 19-39	Amateur Boxing	Head guard	3 Rounds X 2 min 1 min break
Masters: 40-45	Amateur Boxing	Head guard	3 Rounds X 2 min 1 min break

Equipment

All athletes must have their own gum shield, groin guard (for males), gauze hand wraps, tape, boxing oil, vaseline, mongkol/prajeet, team uniform/shirt

Professional Muay Thai

Professional Fights of only 2 people in 1 category will be classed as Prestige bouts (no belt), Over 3 people in 1 category (e.g. 4 man tournament) belt will be awarded to the winner.

Dap Thai



Dap Thai or Krabi Krabong uses two swords and full body protection. The aim is to land strikes on your opponent whilst correctly and gracefully performing the traditional techniques and movements.

Weight categories

Amateur Muay Boran, Pro-am Muay Thai, Pro Muay Thai

Described in kilograms as **maximum** allowance for that category

Junior Cadet: 8-10 years											
Male	28kg	31kg	33kg	35kg	38kg	42kg	45kg	48kg	51kg	53.5kg	57kg
Female	28kg	31kg	33kg	35kg	38kg	42kg	45kg	48kg	51kg	53.5kg	57kg

Cadets: 11-13 years												
Male	35kg	38kg	41kg	43kg	45kg	48kg	51kg	54kg	57kg	60kg	63.5kg	67kg
Female	35kg	38kg	41kg	43kg	45kg	48kg	51kg	54kg	57kg	60kg	63.5kg	67kg

Junior Youth: 14-16 years											
Male	41kg	43kg	45kg	48kg	51kg	54kg	57kg	60kg	63.5kg	67kg	71kg
Female	41kg	43kg	45kg	48kg	51kg	54kg	57kg	60kg	63.5kg	67kg	71kg

Youth: 17-18 years										
Male	45kg	48kg	51kg	54kg	57kg	60kg	63.5kg	67kg	71kg	75kg
Female	45kg	48kg	51kg	54kg	57kg	60kg	63.5kg	67kg	71kg	

Senior: 19-37 years <i>Described in kilograms as maximum allowance for that category apart from 97 kg+</i>														
Male	48kg	51kg	54kg	57kg	60kg	63.5kg	67kg	71kg	75kg	81kg	86kg	91kg	91kg	97kg+
Female	45kg	48kg	51kg	54kg	57kg	60kg	63.5kg	67kg						



Amateur Boxing

Open tournament

We invite all members to our 6th U.B.F. Youth Male & Female from each Country who would like to compete.

Round rules for Boxing: 3 Rounds X 2 minutes | 1 minute break
 Eliminators & Finals: 4 Rounds X 2 minutes | 1 minute break

*Described in kilograms as **maximum** allowance for that category*

Youth: 15-16 years												
Male	48.98	50.8	52.16	53.52	57.15	58.97	61.24	63.5	66.8	69.85	72.58	76.2
Female	47.6	48.98	50.8	52.16	53.52	57.15	58.97	61.24	63.5	66.8	69.85	

Youth: 17-18 years												
Male	48.98	50.8	52.16	53.52	57.15	58.97	61.24	63.5	66.8	69.85	72.58	76.2
Female	47.6	48.98	50.8	52.16	53.52	57.15	58.97	61.24	63.5	66.8	69.85	

Adult: 19-39 years															
Male	53.52	57.15	58.97	61.24	63.5	66.8	69.85	72.58	76.2	81	86	91	95	+95	
Female	47.6	48.98	50.8	52.16	53.52	57.15	58.97	61.24	63.5	66.8	69.85	72.58	76.2	81	86

Masters: 40-45 years						
Male	72.58	76.2	79	86	95	95+
Female	61.24	63.5	66.8	69.85	72.58	76.2

PLEASE NOTE:

- WMBF + WMO are responsible for MUAY BORAN and MUAYTHAI
- DAP THAI SOCIETY is responsible DAP THAI/KRABI KRABONG
- UNION BOXING FEDERATION is responsible for BOXING
- ISKA is responsibilities for KARATE and KICKBOXING
- CARLSON GRACIE Federation is responsibilities for BRAZILIAN JIU JITSU